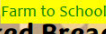
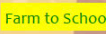
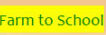
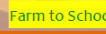


October 2026 CMS

Monday	Tuesday	Wednesday	Thursday	Friday	 Every week, an additional ¼ cup of veggies is offered to meet the USDA Federal guidelines for ¾ cup red/orange vegetable subgroup. This alternates weekly between baby carrots and grape tomatoes.
28 Popcorn Chicken with Orange Sauce & Rice Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Asian Vegetables Mandarin Oranges	29 Crispy Beef Tacos with Lettuce & Cheese  Or- Ham & Cheese Hoagie  Cowboy Beans Mixed Fruit	30 Pizza Hut Pizza Or- Tuna Salad on 9 Grain Bread Romaine Salad with Croutons Craisins	1 BBQ Roasted Chicken Drumstick  with Assorted Bread Or- Southwest Chicken Wrap Corn Fruit Slushy	2 Colby Cheese Omelet w/a Long John Donut Or- Turkey & Cheese Hoagie Sweet Potato Wedges Crisp Apple 	
5 Chicken Fried Steak Sandwich  Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Mixed Vegetables Chilled Pears	6 Breaded Mozzarella Cheese Sticks with Pizza Sauce Or- Italian Hoagie   Carrot Sticks Banana	7 Cheesy Chicken Enchilada w/Fritos and Assorted Bread Or- Chicken Salad on 9 Grain Bread Seasoned Black Beans Pineapple	8 Cheeseburger  Or- Chicken Bacon Ranch Wrap  Crinkle French Fries Orange Smiles	9 Chicken Parmesan Patty with Garlic Bread Or- Turkey & Cheese Hoagie Romaine Salad with Croutons Crisp Apple 	 In addition to the daily hot entree and cold alternative, a third option is available. • Yogurt w/a Cheese Stick OR Sunflower Seeds, & Assorted Bread
12 Hot Dog on a Bun  Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Baked Beans Mixed Fruit	13 Grilled Cheese Sandwich Or- Ham & Cheese Hoagie  Steamed Carrots Chilled Pears	14 Pizza Hut Pizza Or- Tuna Salad on 9 Grain Bread Romaine Salad with Croutons Crisp Apple 	15 Popcorn Chicken with Assorted Bread Or- Asian Chicken Wrap Seasoned Green Beans Mandarin Oranges <i>Chocolate Chip Cookie</i>	16 Macaroni & Cheese with a Soft Pretzel Or- Turkey & Cheese Hoagie Garden Peas Craisins	 8 oz. nonfat unflavored, nonfat flavored, or 1% unflavored milk served daily.
19 Crispy Chicken Sandwich Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Mixed Vegetables Chilled Peaches	20 Cheese Dunkers with Pizza Sauce Or- Italian Hoagie   Fresh Broccoli Cinnamon Applesauce	21 Fried Chicken Drumstick with a Ciabatta Roll Or- Chicken Salad on 9 Grain Bread Mashed Potatoes with Gravy Banana	22 Walking Taco with Lettuce & Cheese  Or- Southwest Chicken Wrap Chili Beans Crisp Apple 	23 French Toast Sticks with a Chicken Sausage Patty Or- Turkey & Cheese Hoagie Cinnamon Yams Fruit Slushy	 Please visit https://westsidecommunityschoolsne.mealviewer.net/#home for the most up-to-date menus. Menus subject to change.
26 Cheesy Nachos Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Seasoned Black Beans Mixed Fruit	27 Cheesy Chicken Philly Sandwich Or- Ham & Cheese Hoagie  California Blend Vegetables Chilled Pears	28 Pizza Hut Pizza Or- Tuna Salad on 9 Grain Bread Romaine Salad with Croutons Mandarin Oranges	29 BBQ Pulled Pork Sandwich  Or- Turkey & Cheese Hoagie Sweet Potato Waffle Fries Crisp Apple 	30 Cheeseburger  Or- Chicken Bacon Ranch Wrap  Frightful French Fries Phantom Pineapple <i>Ghoulish Gummy Treats</i>	 Denotes PORK in the product.  Denotes BEEF in the product

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